



2023-2024 Divisions & Schedule/Classes Start September 5, 2023.

A list of class days and times is also available in the online registration portal.

Young Children's Division (TotDance)

Before introducing the structured discipline of ballet, it is important to cultivate the natural abilities of the child. The Young Children's Division fosters a love of dance and creativity in children 2 to 4. The listed ages for each class refer to the age of the child as of September 1. These classes combine elements to develop large motor skills, vocabulary, rhythm, and self-expression.

TotDance 1: ages 2.5 to 3.5 years. The class is 45 minutes, half ballet, half tap

TUESDAY	4:30-5:15 pm	Miss Julia
SATURDAY	11:45-12:30 pm	Miss Sarah

TotDance 2: ages 3 to 4 years. The class is 45 minutes, half ballet, half tap

WEDNESDAY	4:30-5:15 pm	Miss Brittany
SATURDAY	11:45-12:30 pm	Miss Sarah

Children's Division (KinderBallet/KinderCombo – Pre-Ballet 2)

Children ages 4-8 are introduced to the concept of structured movement to music. The classes are designed to encourage exploration and foster creativity within the artistic medium.

Kinderballet 1: must be 4 years of age by Sept. 1. Class is 45 minutes, introductory ballet

TUESDAY	5:15-6:00 pm	Miss Jillian
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Kinderballet 2: must be 5 years of age by Sept 1, entering Kindergarten. Class is 45 minutes, introductory ballet

TUESDAY	5:15-6:00 pm	Miss Julia
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KinderCombo 1: must be 4 years of age by Sept. 1. Class is 1 hour, half ballet, half tap

TUESDAY	6:00-7:00 pm	Miss Kathleen
SATURDAY	9:30-10:30 am	Miss Julietta

KinderCombo 2: must be 5 years of age by Sept 1, entering Kindergarten. Class is 1 hour, half ballet, half tap

TUESDAY	6:00-7:00 pm	Miss Kathleen
SATURDAY	10:30-11:30 am	Miss Julietta

Pre-ballet 1: must be 6 years by Sept 1, entering First Grade. Class is 1 hour, elementary ballet

MONDAY	5:15-6:15 pm	Miss Jillian
WEDNESDAY	5:15-6:15 pm	Miss Brittany
SATURDAY	9:30-10:30 am	Miss Sarah

Pre-ballet 2: must be 7 years by Sept 1, entering Second Grade. Class is 1 hour, elementary ballet

MONDAY	5:15-6:15 pm	Miss Jillian
WEDNESDAY	5:15-6:15 pm	Miss Brittany
SATURDAY	9:30-10:30 am	Miss Sarah

Boy's Division (Boy's Technique)

Classes for boys to work on their specific needs in dance training.

Boys' Tech 1: boys ages 6 to 12. The class is 1 hour. Boys learn proper posture, stretch, and strengthening techniques to enhance their dance abilities across styles.

FRIDAY 5:00-6:00 pm Miss Beth

Boys' Tech 2: boys ages 12 and older. The class is 1.25 hr. For boys who have a serious interest in ballet training.

MONDAY 5:45-7:00 pm Mr. Gustavo

Pre-Professional Division – Ballet

The Delaware Dance Company Pre-Professional Division accepts students beginning at eight years of age. The graduated curriculum is divided into levels of achievement. Students follow a carefully structured sequence of training stages, designed specifically to increase their technical skills, stamina and discipline in accordance with their age and physical ability. Ballet classes are 1.25 hours and pointe class is an additional 0.75 hour.

Ballet 1: ages 8 to 12, entering Third Grade or higher. Upon completion of Pre-Ballet 2 or by placement – **1 class per week.**

TUESDAY 4:45-6:00 pm Miss Kathleen

WEDNESDAY 6:15-7:30 pm Miss Brittany

SATURDAY 10:30-11:45 am Miss Samantha

Ballet 1X: age 9 to 12. Upon completion of Ballet 1 or by placement – **required 2 ballet classes per week**

MONDAY 5:45-7:00 pm Miss Sarah

THURSDAY 4:30-5:45 pm Miss Sunshine

SATURDAY 10:30-11:45 am Miss Sarah

Ballet 2: age 10 to 12. Upon completion of Ballet 1X or by placement – **required 2 ballet classes plus a pre-pointe class.** For the best progress, it is recommended students add a modern or jazz class per week.

MONDAY 5:00-6:15 pm Miss Kathleen

MONDAY 6:15-7:00 pm (Prepointe) Miss Kathleen

THURSDAY 5:45-7:00 pm Miss Sherry

Ballet 2X: age 11 & up. Upon completion of Ballet 2 or by placement – **required 2 ballet classes, 1 pointe class** Continue with a modern or jazz class per week.

TUESDAY 5:00-7:00 pm (with Pointe) Miss Sunshine

WEDNESDAY 5:00-7:00 pm (with Pointe) Miss Sherry

FRIDAY 4:45-6:00 pm (Ballet only) Miss Sarah

Ballet 3: age 12 & up. Upon completion of Ballet 2X or by placement – **required 2 ballet classes, 2 pointe classes, 1 PBT class, and 1 modern or jazz class per week.**

MONDAY 7:00-9:00 pm (with Pointe) Miss Samantha

TUESDAY 7:00-9:00 pm (with Pointe) Mr. Gustavo

Ballet 3X: age 13 & up. Upon completion of Ballet 3 or by placement – required 3 ballet classes, 2 pointe classes, 1 PBT class, and 1 modern or jazz class per week.

MONDAY	4:30-5:45 pm	Mr. Gustavo
TUESDAY	7:00-9:00 pm (with Pointe)	Mr. Gustavo
WEDNESDAY	7:00-9:00 pm (with Pointe)	Miss Sherry

Ballet levels 4 and higher (ages 14 & up) all require 3 ballet classes, 3 pointe classes, 1 PBT class, and 1 modern or jazz class per week.

LEVEL 4

MONDAY	7:00-9:00 pm (with Pointe)	Miss Sarah
THURSDAY	7:00-9:00 pm (with Pointe)	Mr. Gustavo

LEVEL 4X

MONDAY	7:00-9:00 pm (with Pointe)	Miss Sarah
THURSDAY	7:00-9:00 pm (with Pointe)	Mr. Gustavo
FRIDAY	6:00-8:00 pm (Variations)	Miss Sarah

LEVEL 5 & Above

MONDAY	7:00-9:00 pm (With Partnering)	Mr. Gustavo
TUESDAY	7:00-9:00 pm (with Pointe)	Miss Allyson
THURSDAY	7:00-9:00 pm (with Pointe)	Miss Sherry
FRIDAY	6:00-8:00 pm (Variations)	Miss Sarah

PROGRESSING BALLET TECHNIQUE

*“PBT by Marie Walton-Mahon (Progressing Ballet Technique) is an innovative program for students to understand the depth of training muscle memory in achieving their personal best in classical ballet. Marie has been known for her creative teaching skills for over 40 years and has trained many professional dancers and teachers worldwide. She has experimented with outstanding success with the use of muscle memory to improve students’ understanding of core stability, weight placement, and alignment for over 12 years.” Taught by a certified PBT instructor, this class will help students improve their ballet technique. Students **must bring their own large exercise ball to each class.** “Pinky ball” and exercise bands will be available for purchase at the desk. Classes are 0.75 hours.*

Progressing Ballet Technique class: age 10 and up. Students in Ballet Levels 2 and 2X are encouraged to enroll in this class. Students in Ballet Level 3 and higher are required to add PBT to their curriculum.

MONDAY	6:15-7:00 pm	Miss Sunshine
THURSDAY	5:00-5:45 pm	Miss Sherry
SATURDAY	11:45-12:30 pm	Miss Sunshine

Pre-Professional Division – Modern Dance

The Modern Division has been designed to give students an understanding of modern dance through exercises that engage in body awareness and movement exploration and that promote recognition and appreciation of self and others. Students learn basic body movement and choreographic skills in musical/rhythmic contexts. Students learn to compare works in terms of the elements of space, time, and force/energy and to experience the similarities and differences between dance and other disciplines. Modern classes are 1 hour until the Advanced level, then they are 1.25 hours.

Modern: An Introduction: age 8 to 12. Must be enrolled in Ballet 1.

SATURDAY 9:30-10:30 am Miss Samantha

Modern Beginning A: age 9 to 12. Upon completion of Introduction, by placement or enrolled in Ballet 2.

SATURDAY 9:30-10:30 am Miss Samantha

Modern Beginning B: age 10 & up. Upon completion of Beginning A, by placement or enrolled in Ballet 2X.

WEDNESDAY 7:00-8:00 pm Miss Tamoya

Modern Beginning C: age 11 & up. Upon completion of Beginning B, by placement or enrolled in Ballet 3.

WEDNESDAY 7:00-8:00 pm Miss Tamoya

Modern Intermediate A: age 12 & up. Upon completion of Beginning C, by placement or enrolled in Ballet 3X.

WEDNESDAY 6:00-7:00 pm Miss Tamoya

Modern Intermediate B: age 12 & up. Upon completion of Intermediate A, or by placement.

WEDNESDAY 6:00-7:00 pm Miss Tamoya

Modern Intermediate C: age 13 & up. Upon completion of Intermediate B, or by placement

MONDAY 5:00-6:15 pm Miss Sunshine

Modern Advanced A: Upon completion of Intermediate C or by placement

Modern Advanced B: Upon completion of Advanced A or by placement

Modern Advanced C: Upon completion of Advanced B or by placement

THURSDAY 5:45-7:00 pm Mr. Gustavo

Pre-Professional Division – Jazz

Jazz dancing has had a long and colorful evolution. The Jazz Division is based on a foundation of basic jazz dance principles acknowledging the distinction between the established vocabulary of jazz dance and its newer, popular manifestations. Jazz dance as an art form is the perfect blend of mind and body founded on a firm technical base. Discipline is as inescapable in jazz dancing as it is in any other dance form. Flexibility, center placement, clean lines, multiple turns, leaps, and the ability to quickly transmit combinations from the brain to the body are the nuts and bolts of technique. Students are taught a strong jazz technique along with the latest trends in a continuous and consistent format. After the Introductory and Beginning levels, students must enroll in ballet to continue training. Jazz classes are one hour until the Advanced level, then 1.25 hours.

Jazz: An Introduction: age 7 to 10. Entering Second Grade or higher. No experience is necessary.

SATURDAY 11:45-12:45 pm Miss Samantha

Jazz Beginning A: age 8 to 12. Upon completion of Intro, by placement or enrolled in Ballet 1X.

SATURDAY 11:45-12:45 pm Miss Samantha

Jazz Beginning B: age 9 & up. Upon completion of Beg A, by placement or enrolled in Ballet 2.

TUESDAY 7:15-8:15 pm Miss Holly

Jazz Beginning C: age 10 & up. Upon completion of Beginning B, by placement or enrolled in Ballet 2X.

TUESDAY 7:15-8:15 pm Miss Holly

Jazz Intermediate A: age 11 & up. Upon completion of Beginning C, by placement or enrolled in Ballet 3.

THURSDAY 7:00-8:00 pm Miss Jillian

Jazz Intermediate B: age 12 & up. Upon completion of Intermediate A, by placement or enrolled in Ballet 3X.

THURSDAY 7:00-8:00 pm Miss Jillian

Jazz Intermediate C: age 13 & up. Upon completion of Intermediate B or by placement

TUESDAY 4:45-5:45 pm Miss Allyson

Jazz Advanced A: Upon completion of Intermediate C or by placement

TUESDAY 4:45-5:45 pm Miss Allyson

Jazz Advanced B: Upon completion of Advanced A or by placement

TUESDAY 5:45-7:00 pm Miss Allyson

Jazz Advanced C: Upon completion of Advanced B or by placement

TUESDAY 5:45-7:00 pm Miss Allyson

Pre-Professional Division – Tap

Tap dance evolved from many individuals who have “gotten bitten” with the joy and interest of making rhythms with their feet. It is an American art form that meshed aspects of different cultures to originate a new kind of dance. It has as many styles as tap dancers. The Tap Division is a comprehensive graded curriculum allowing the students from the very youngest to have a solid understanding of what Tap dancing is all about. Classes are 0.75 hours at the Intro and Beginning level and 1 hour at Intermediate and higher.

Tap: An Introduction: age 6 to 8. Entering First Grade or higher. No experience is necessary.

MONDAY 6:15-7:00 pm Miss Jillian

Tap Beginning A: age 7 to 9. Upon completion of Introduction or by placement.

MONDAY 6:15-7:00 pm Miss Jillian

Tap Beginning B: age 8 to 10. Upon completion of Beginning A or by placement.

TUESDAY 5:00-6:00 pm Miss Beth

Tap Beginning C: age 9 to 11. Upon completion of Beginning B or by placement.

TUESDAY 6:00-7:00 pm Miss Beth

Tap Intermediate A: age 10 & up. Upon completion of Beginning C or by placement.

TUESDAY 6:00-7:00 pm Miss Beth

Tap Intermediate B: age 11 & up. Upon completion of Intermediate A or by placement.

FRIDAY 6:00-7:00 pm Miss Beth

Tap Intermediate C: age 12 & up. Upon completion of Intermediate B or by placement.

FRIDAY 6:00-7:00 pm Miss Beth

Tap Advanced: Upon completion of Intermediate C or by placement

FRIDAY 4:00-5:00 pm Miss Beth

Hip Hop

Hip Hop evolved from street dance styles performed to Hip Hop music. Rhythmic and high energy, it includes jumps, drops, and other athletic moves.

Hip Hop Beginning B: age 8 to 10. Upon completion of Beginning A or by placement.

WEDNESDAY 5:00-6:00 pm Miss Tamoya

Hip Hop Beginning C: age 9 to 11. Upon completion of Beginning B or by placement.

WEDNESDAY 5:00-6:00 pm Miss Tamoya

Teen/Adult Division

This division is for those teens and adults who want to begin taking dance classes or are returning to class after a break in their training. If you want a great way to exercise and stay in shape while developing flexibility, coordination, self-confidence, and overall physical fitness, then consider taking one of the classes listed in the Teen/Adult Division. Training is consistent and comprehensive. The Instructors work to meet the needs of the students in each class. Ballet is 1.25 hours, other styles are one-hour classes.

Ballet: ages 13 and older. Beginner to Advanced Beginner level.

MONDAY	7:00-8:15 pm	Miss Kathleen
TUESDAY	10:00-11:15 am	Miss Nichole
WEDNESDAY	7:30-8:45 pm	Miss Brittany

Tap 2: ages 13 and older. Advanced beginner to intermediate level.

TUESDAY	7:15-8:15 pm	Miss Beth
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Pilates: ages 13 and older. Beginner to intermediate level.

TUESDAY	9:00-9:45 am	Miss Nichole
THURSDAY	6:00-6:45 pm	Miss Sunshine

Open Division

This division is for students who wish to further their love of dance outside of the required curriculum of classes. Recreational and Pre-professional students may enroll in this division to expand their training and artistry.

Contemporary: ages 13 and older. Intermediate to Advanced level

FRIDAY	5:00-6:00 pm	Miss Holly
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Delaware Dance Company Performance Groups

Youth Dance Ensemble

Placement by Audition

The Youth Dance Ensemble is a performance-focused group offering exceptional artistic and educational experiences for DDC dancers in Levels 2X/3/3X. Throughout the year, the ensemble develops dance pieces incorporating ballet, jazz, modern, and tap to be presented in both informal and formal venues. Auditions for placement in the ensemble will be held at the end of each year and during the YDE summer workshop week.

THURSDAY 5:00-7:00 pm

Samantha, Jillian and Christina

Performing Company

Audition by Invitation only/DDC Students only

DDC dancers enrolled in Ballet level 4 and above are invited to audition for the Performing Company. The faculty of DDC believe that performing and working toward a common goal are invaluable to the growth and overall development of aspiring dancers. Company dancers have the opportunity of performing pre-professionally in numerous events throughout the year including The Nutcracker and Spring Gala, as well as art events and cultural festivals. The **Performing Company** is a member of **Regional Dance America/NE**, and Company members are strongly encouraged to become RDA Associates in order to partake in all the opportunities and benefits RDA has to offer. Each Spring DDC's Company travels to RDA's Festival to train and perform with peer Companies from throughout the Northeast.

In addition to Company Class and Rehearsal, members at the Trainee, Apprentice, and Junior levels are required to attend 2 ballet and pointe classes, 1 PBT class, 1 modern and 1 jazz class at the levels assigned by the artistic director.

Members at the Senior level and higher are required to attend 3 additional ballet and pointe classes, 1 PBT class, 1 modern, and 1 jazz class at the levels assigned by the artistic director.

WEDNESDAY 5:00-7:00 pm

Sunshine, Nichole

Private instruction can be arranged with teachers on an individual basis. Fees vary from \$40 to \$50 an hour. To reserve a studio for private instruction, a \$5 fee must be paid to DDC at the time the reservation is made. Additional scheduling information is available at the desk.